Angle Class II, division 2 malocclusion with deep overbite

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Angle Class II, division 2 malocclusion is characterized by a Class II molar relation associated with retroclined or vertical positioning of the upper incisors and in general an overbite. This clinical case was presented to the Brazilian Board of Orthodontics and Facial Orthopedics (BBO) as part of the requirements for becoming a BBO Diplomate.

Keywords: Angle Class II malocclusion. Corrective orthodontics. Overbite.

HISTORY AND ETIOLOGY
Caucasian female patient, 12 years old, attended the office reporting that the pediatric dentist had asked for the extraction of four first premolars as treatment for malocclusion.

The chief complaint, reported by the mother and patient, was the search for better smile esthetics, mainly due to the lack of space for all the teeth, although they were not wishing for any extractions.

DIAGNOSIS
On extra-oral clinical examination, symmetrical facial pattern, lip competence, slightly convex profile, with well-developed pogonion and good nasolabial angle were observed (Fig 1). The patient was in the final stage of the mixed dentition, tooth #75 presenting clinical features of ankylosis (Fig 1). In the dental casts analysis, a Class II, Division 2 malocclusion was observed, slightly asymmetric, with overbite and a pronounced curve of Spee. A 0.5 mm overjet and the lower midline shifted 2 mm to the left were also observed, as well as upper and lower anterior crowding (Fig 2). In the cephalometric analysis, a Class II skeletal pattern was observed (ANB = 5°) with uprighting of the upper and lower incisors (1.NA = 1, 1.NB = 11), as it can be verified in Figure 3 and Table 1. In the initial panoramic radiograph all permanent teeth were observed, including the third molar crypts and teeth #75 and #85 in the final process of root resorption (Fig 4).

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» Patients displayed in this article previously approved the use of their facial and intraoral photographs.

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Figure 1 - Initial facial and intraoral photographs.

Figure 2 - Initial casts.
TREATMENT GOALS

The treatment goals were correction of Class II skeletal pattern, by reducing the SNA angle, anterior posterior mandibular growth monitoring, obtaining space for the canines and upper incisors, correction of lower crowding, curve of Spee and overbite, and vestibularization of the upper and lower incisors, in order to obtain better dental function and esthetics at the end of treatment.

TREATMENT PLAN

In the upper arch, the use of a Kloehn headgear with cervical traction for 12 hours a day was planned - with the intention of opening spaces and obtaining key molar occlusion - followed by the installation of conventional Edgewise fixed appliance. The inclusion of upper canines in the arch would be performed after obtaining adequate space. Regarding the lower arch, a “lip bumper was planned to be used initially, 24 hours a day, for...
space maintenance until the complete eruption of teeth #35 and #45, and favoring incisor projection. Then, the Edgewise conventional fixed appliance would be placed, including teeth #35 and #45 when possible.

**EVOLUTION OF TREATMENT**

First, as planned, the Kloehn headgear was installed with recommended use of 12 hours a day. After opening spaces, the fixed appliance for corrective treatment was installed with conventional Edgewise technique, slot 0.022 x 0.028-in. A twist flex 0.015-in archwire was installed in the upper arch. Then, stainless steel archwires 0.014 to 0.020-in were used for alignment and leveling. After opening space for tooth #13, a superimposed coaxial wire was placed. In the lower arch, the “lip bumper” was immediately installed and the extraction of the second molars was required in order to allow for the eruption of teeth #35 and #45. The full fixed appliance was placed as soon as the occlusal condition allowed it, in order to correct the curve of Spee and overbite.

For finishing, an 0.019 x 0.025-in archwire was used, as planned, with individualized bends and torques according to need.

After obtaining the expected results, a wraparound removable appliance was used as retention in the upper arch during one year, for 24 hours a day, followed by nighttime use for another two years. After this period, the use on alternate nights was indicated for four months, followed by weekly use for the next four months, after this use was suspended. In the lower arch a 0.032-in stainless steel intercanine fixed retainer was used.

**TREATMENT RESULTS**

After two years and two months of treatment, the objectives were achieved, good dental relationship was observed. The lips were positioned more anteriorly due to the projection of the incisors, which can be observed in facial photographs at the end of treatment (Fig 5) and on the total cephalometric tracing superimposition (Fig 9).
The intraoral photographs show the correction of overbite and incisor inclination (Fig 5). In the lower arch, the leveling of the curve of Spee was obtained and also the maintenance of intercanine and intermolar distances. Despite the increased inclination of the lower incisors, the clinical evaluation showed healthy periodontium because the patient presented, at the beginning of treatment, a good thickness of attached gingiva.

There was reduction of SNA angle from 88° to 86°, and downward displacement of the maxilla, besides downward and forward mandibular growth, without increasing the SN-GoGn angle, as observed in the final cephalogram (Fig 7, Table 1). In the final panoramic radiograph some root resorption can be observed, but it is compatible with orthodontic treatment (Fig 8).

Figure 6 - Final casts.

Figure 7 - Final profile cephalometric radiograph (A) and cephalometric tracing (B).
Figure 8 - Final panoramic radiograph.

Figure 9 - Total (A) and partial (B) cephalometric tracing superimposition; initial (black) and final (red).
CONCLUSION

The Angle Class II malocclusion is very common among patients seeking orthodontic treatment. Different authors observed spontaneous reduction of ANB angle as a result of normal growth of the subject, although it is not sufficient for self-correction of sagittal facial dysplasia. Thus, the intervention of the orthodontist is very important, still in the growing phase, making possible the achievement of a pleasant profile in adulthood. In cases of maxillary protrusion with high SNA angle, the use of Kloehn headgear is a good option, since this appliance has a strong influence on the maxillary growth pattern. The results of orthopedic intervention in the maxilla are well known in the scientific field and properly described in studies using implants. In this clinical case, the incisor projection was of paramount importance for overbite correction, reduction of tooth-arch discrepancy and leveling the curve of Spee. In cases of Class II division 2, it is very important to increase the incisor inclination to give more stability in the overbite correction. Thus, it can be confirmed that the objectives were fully achieved, as the case presents itself with appropriate function, health and esthetics.

REFERENCES